





## [General](#)

# **42 UMP staff cycles 4.6 km to complete the cycling mission**

7 December 2020

PEKAN, 28 November 2020 - Indirect rainy weather prevented 42 Universiti Malaysia Pahang (UMP) staff from cycling for 4.6 kilometres in the UMP Cycling Challenge 2020 Competition organized by the UMP Sports and Culture Centre recently.

Participants were released at 8.00 am by the Youth and Sports Officer cum Program Director, Mohd Aznorizamin Ismail at the Multipurpose Hall, UMP Pekan.

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According to Mohd Aznorizamin, this program is a bicycle race (lap race) which is a short distance race by lap in an effort to encourage cycling activities and foster healthy lifestyle practices among staff.

"Despite the rainy weather, all of the participants managed to finish until the finish line.

"The cycling events that were competed are Road Bike and Mountain Bike (MTB) events for the men's and women's categories," he said.

For one participant, Ts. Muhammad Ikram Mohd Rashid, who is also a lecturer at the Faculty of Electrical and Electronic Engineering Technology (FTKEE), said he was very happy and surprised when he won the Road Bike event and took third place in the Mountain Bike (MTB) event for the men's category.

"The competition is very fierce among my friends and I thanked the organizers, and hope this program can be continued in the future," he said.

Meanwhile, for the Mountain Bike (MTB) women's category event, the first place was won by Senior Executive, UMP Academic Management Centre, Nor Sabrina Ismail.

She said she had only started cycling for two months and did not expect this victory.

For her, among the challenges encountered during the competition is when faced with heavy rain and participants need to be more careful with potholes.

However, she said, the experience will not extinguish her spirit to continue to enjoy cycling activities.

The winner of the second place Road Bike event was won by Associate Professor Dr. Wan Mohd Hafizuddin Wan Yussof from the Faculty of Chemical and Process Engineering Technology (FTKKP), and third place was won by Mohd Roslan Muhamad from the Information and Communication Technology Center (PTMK).

For the Mountain Bike (MTB) event in the men's category, the first place was won by Mohd Roslan Muhamad from PTMK, and the second place was won by Associate Professor Dr. Mohd Fakhrurrazi Ishak from the Faculty of Civil Engineering Technology (FTKA).

For the Mountain Bike (MTB) women's category, Wan Rosnur Irma Wan Mohamad from the Library won second place, meanwhile Noor Afiza Mohd Asmi from Sports and Culture Centre won third place.

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